



December 2019 Breakfast Menu



Mon	Tue	Wed	Thu	Fri
2 Whole Wheat Bagel and Cream Cheese, or Cereal Fruit and Milk	3 Whole Grain Breakfast Bun, or Cereal Fruit & Milk	4 Mini Pancakes 100% Juice Milk /Fruit	5 Half-Day MS/HS 10:30AM Dismissal ES 11:30AM Dismissal	6 Half-Day MS/HS 10:30AM Dismissal ES 11:30AM Dismissal
9 Whole Grain Muffin Cereal Fruit/ Juice Milk	10 Whole Wheat Bagel and Cream Cheese, or Cereal Fruit and Milk	11 Whole Grain Breakfast Bun, or Cereal Fruit & Milk	12 Mini Pancakes 100% Juice Milk /Fruit	13 Whole Grain Muffin Cereal Fruit/ Juice Milk
16 Whole Grain Muffin Cereal Fruit/ Juice Milk	17 Whole Wheat Bagel and Cream Cheese, or Cereal Fruit and Milk	18 Whole Grain Breakfast Bun, or Cereal Fruit & Milk	19 Mini Pancakes 100% Juice Milk /Fruit	20 Whole Grain Muffin Cereal Fruit/ Juice Milk
23 School Closed Holiday Recess	24 School Closed Holiday Recess	25 School Closed Holiday Recess	26 School Closed Holiday Recess	27 School Closed Holiday Recess
30 School Closed Holiday Recess	31 School Closed Holiday Recess	Meal Prices ES: \$2.90 MS/HS: \$3.10 Breakfast: \$1.60 Milk: \$0.50	REMEMBER TO TAKE A FRUIT OR VEGETABLE AND AT LEAST 2 OTHER COMPONENTS TO COMPLETE YOUR MEAL. EVERY COMPLETE MEAL IS SERVED WITH A CHOICE OF FRESH MILK. USDA is an equal opportunity provider and employer	



December 2019 Lunch Menu



Mon	Tue	Wed	Thu	Fri
<p>2</p> <p>Chicken Fajita Seasoned Rice Corn Chilled Peaches Fresh Fruit</p>	<p>3</p> <p>Meatball on a Whole Wheat Bun Homemade Coleslaw Steamed Carrots Fresh Fruit Chilled Pears</p>	<p>4</p> <p>Pasta with Homemade Meat or Marinara Sauce Fresh Salad Bar Steamed Broccoli Chilled Applesauce Fresh Fruit</p>	<p>5</p> <p>Half-Day MS/ES Only Burgers on a Whole Wheat Bun Vegetarian Baked Bean Oven Fries Chilled Pineapples Fresh Fruit</p>	<p>6</p> <p>Half-Day MS/ES Only Cheese or Specialty Pizza Fresh Salad Bar Homemade vegetable soup Fresh Fruit 100% Fruit Juice</p>
<p>9</p> <p>Chicken Patty or Veggie Burger Cheese/Lettuce/Tomato Crinkle Cuts Vegetarian Baked Beans Chilled Peaches</p>	<p>10</p> <p>Pulled Pork Sandwich on a Whole Wheat Bun Macaroni & Cheese Vegetarian Baked Beans Chilled Peaches Fresh Fruit</p>	<p>11</p> <p>Pasta with Homemade Meat or Marinara Sauce Fresh Salad Bar Steamed Broccoli Chilled Applesauce Fresh Fruit</p>	<p>12</p> <p>Grilled Cheese Or Grilled Ham and Cheese Tomato Soup Sweet Yellow Corn Chilled Mixed Fruit Fresh Fruit</p>	<p>13</p> <p>Cheese or Specialty Pizza Fresh Salad Bar Homemade vegetable soup Fresh Fruit 100% Fruit Juice</p>
<p>16</p> <p>MEATLESS MONDAY Vegetable Chili Whole Grain Tortilla chips Chilled Peaches Fresh Fruit</p>	<p>17</p> <p>Whole Grain Macaroni & Cheese with ground beef Sweet Corn Chilled Pears Fresh Fruit</p>	<p>18</p> <p>Pasta with Homemade Meat or Marinara Sauce Fresh Salad Bar Steamed Broccoli Chilled Applesauce Fresh Fruit</p>	<p>19</p> <p>Breakfast for Lunch French Toast Sausage Hash browns Eggs Fresh Fruit Chilled Oranges</p>	<p>20</p> <p>Cheese or Specialty Pizza Fresh Salad Bar Homemade vegetable soup Fresh Fruit 100% Fruit Juice</p>
<p>23</p> <p>School Closed Holiday Recess</p>	<p>24</p> <p>School Closed Holiday Recess</p>	<p>25</p> <p>School Closed Holiday Recess</p>	<p>26</p> <p>School Closed Holiday Recess</p>	<p>27</p> <p>School Closed Holiday Recess</p>
<p>30</p> <p>School Closed Holiday Recess</p>	<p>31</p> <p>School Closed Holiday Recess</p>	<p><u>Meal Prices</u> ES: \$2.90 MS/HS: \$3.10 Breakfast: \$1.60 Milk: \$0.50</p>	<p>REMEMBER TO TAKE A FRUIT OR VEGETABLE AND AT LEAST 2 OTHER COMPONENTS TO COMPLETE YOUR MEAL. EVERY COMPLETE MEAL IS SERVED WITH A CHOICE OF FRESH MILK.</p> <p>USDA is an equal opportunity provider and employer</p>	