

## **Athletic Placement Process for the Haldane Athletic Department**

Haldane Middle School Students who would like to Participate on a Haldane High School Team  
(Junior Varsity and Varsity)

In New York State, middle school students in grades 7 or 8 are eligible to tryout and participate in high school athletics if they complete the Athletic Placement Process (APP-Testing Up). **The APP is intended for exceptional athletes who are physically and mentally mature enough to compete against high school athletes. The APP should not be used to fill teams or for sports that are not offered at the modified level.** In order to participate in the advanced placement process the following steps must be taken and completed:

1. The varsity coach of a program has to recommend to the athletic director that they would like to test up a 7th or 8th grade student to play junior varsity or varsity.
2. The athletic director will contact the parents of the recommended athlete to discuss the process and to inform them of what needs to happen before they test up.
3. A completed permission slip is needed by the parents or guardians and must be handed in to the athletic director. This is the first step in this process and must be completed before the next step.
4. The district medical physician or a private physician must evaluate your child's physical development and complete the paperwork relating to the Tanner Scale scores.
5. Once the medical physician clears the student, that child is allowed to participate in the physical fitness test that will be administered by a physical education teacher.
6. If the student passes the requirements of the physical fitness test, he/she are eligible to tryout for a junior varsity or varsity team.
7. If the student makes the team, he/she will be eligible to play for the junior varsity or varsity program.
8. Once a student-athlete plays for the junior varsity or varsity team, he/she is not allowed to move down to modified.

If a student is eligible for the physical fitness test, they will be allowed to take the test a maximum of 2 times. The advanced placement process is meant for exceptional athletes, and if they are unable to meet the standard scores after two attempts, the junior varsity or varsity level of competition is not appropriate. If a student fails the test, they are still eligible to participate at the modified level.