



January 2019 Breakfast Menu

MON	TUE	WED	THU	FRI
<p><u>Meal Prices</u> ES: \$2.80 MS/HS: \$3.00 Breakfast: \$1.60 Milk: \$0.50</p>	1 School Closed Holiday Recess	2 Whole Wheat Bagel and Cream Cheese, or Cereal Fruit and Milk	3 Whole Grain Breakfast Bun, or Cereal Fruit & Milk	4 Cereal with Honey Graham Crackers 100% Fruit Juice Milk
7 Whole Grain Muffin Cereal Fruit/ Juice Milk	8 Whole Wheat Bagel and Cream Cheese, or Cereal Fruit and Milk	9 Cereal with Honey Graham Crackers 100% Fruit Juice Milk	10 Whole Grain Breakfast Bun, or Cereal Fruit & Milk	11 Mini Pancakes 100% Juice Milk /Fruit
14 Mini Pancakes 100% Juice Milk /Fruit	15 Whole Grain Breakfast Bun, or Cereal Fruit & Milk	16 Whole Wheat Bagel and Cream Cheese, or Cereal Fruit and Milk	17 Cereal with Honey Graham Crackers 100% Fruit Juice Milk	18 Whole Grain Muffin Cereal Fruit/ Juice Milk
21 School Closed MLK Day	22 Mini Pancakes 100% Juice Milk /Fruit	23 Whole Grain Breakfast Bun, or Cereal Fruit & Milk	24 Whole Wheat Bagel and Cream Cheese, or Cereal Fruit and Milk	25 Cereal with Honey Graham Crackers 100% Fruit Juice Milk
28 Cereal with Honey Graham Crackers 100% Fruit Juice Milk	29 Whole Wheat Bagel and Cream Cheese, or Cereal Fruit and Milk	30 Whole Grain Breakfast Bun, or Cereal Fruit & Milk	31 Whole Grain Muffin Cereal Fruit/ Juice Milk	



January 2019 Lunch Menu



MON	TUE	WED	THU	FRI
 	1 School Closed Holiday Recess	2 Pasta with Homemade Meat or Marinara Sauce Fresh Salad Bar Featuring Fresh Local Produce Steamed Broccoli Chilled Applesauce Fresh Fruit	3 Grilled Cheese Or Grilled Ham and Cheese Tomato Soup Sweet Yellow Corn Chilled Peaches Fresh Fruit	4 Cheese or Specialty Pizza Fresh Salad Bar Featuring Fresh Local Produce Green Beans 100% Fruit Juice
7 Chicken Patty or Veggie Burger Cheese/Lettuce/Tomato Potato Wedges Vegetarian Baked Beans Chilled Peaches Fresh Fruit	8 Meatball on a Whole Wheat Bun Homemade Coleslaw Candied Carrots Chilled pears Fresh Fruit	9 Pasta with Homemade Meat or Marinara Sauce Fresh Salad Bar Featuring Fresh Local Produce Steamed Broccoli Chilled Applesauce Fresh Fruit	10 "NEW ITEM" Choice of Ham & Cheese Or Cheese Hot sliders Homemade Soup Corn Chilled Mixed Fruit Fresh Fruit	11 Cheese or Specialty Pizza Fresh Salad Bar Featuring Fresh Local Produce Green Beans 100% Fruit Juice
14 Whole Grain Alfredo With or Without Chicken Fresh Steamed Broccoli Chilled Peaches Fresh Fruit	15 "Breakfast for Lunch" French Toast Egg Patty Sausage Links Hash Browns Chilled Pineapples Fresh Fruit	16 Pasta with Homemade Meat or Marinara Sauce Fresh Salad Bar Featuring Fresh Local Produce Steamed Broccoli Chilled Applesauce Fresh Fruit	17 Load your own Baked Potato Severed with a Whole Grain Bun Choice of toppings Homemade soup Chilled Mixed Fruit Fresh Fruit	18 Cheese or Specialty Pizza Fresh Salad Bar Featuring Fresh Local Produce Green Beans 100% Fruit Juice
21 School Closed MLK Day	22 Whole Grain Mac & Cheese Homemade soup Steamed Carrots Chilled Pears Fresh Fruit	23 Pasta with Homemade Meat or Marinara Sauce Fresh Salad Bar Featuring Fresh Local Produce Steamed Broccoli Chilled Applesauce Fresh Fruit	24 Grilled Cheese Or Grilled Ham and Cheese Tomato Soup Sweet Yellow Corn Chilled Peaches Fresh Fruit	25 Cheese or Specialty Pizza Fresh Salad Bar Featuring Fresh Local Produce Green Beans 100% Fruit Juice
28 Burgers on a Whole Wheat Bun Vegetarian Baked Beans Oven Fries Chilled Peaches	29 Sloppy Joe on a Whole Wheat Bun Sweet Potato fries Corn Chilled Pears Fresh Fruit	30 Pasta with Homemade Meat or Marinara Sauce Fresh Salad Bar Featuring Fresh Local Produce Steamed Broccoli Chilled Applesauce Fresh Fruit	31 Crispy Chicken Dunkers Silly Potato Smiles Vegetarian baked Beans Chilled Pineapple Fresh Fruit	<u>Meal Prices</u> ES: \$2.80 MS/HS: \$3.00 Breakfast: \$1.60 Milk: \$0.50