

Notification from the Health Office

As part of a required school health examination, a student is weighed and his/her height is measured. These numbers are used to figure out the student's body mass index or 'BMI'. The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too high or too low. Recent changes to the New York State Education Law require that BMI and weight status group be included as part of the student's school health examination. Haldane has been selected by the New York State Department of Health to be part of the BMI survey for the 2018-19 school year. We will be reporting to New York State Department of Health information about our students' weight status groups. **No names and no information about individual students are sent.** You may choose to have your child's information excluded from this survey report.

The information sent to the New York State Department of Health will help health officials develop programs that make it easier for children to be healthier.

If you do not wish to have your child's weight status group information included as part of the Health Department's survey this year, please print and sign your name below and return this form to:

Haldane Central School District
15 Craigside Drive
Cold Spring, NY 10516
Attn.: Health Office

Please do not include my child's weight status information in the **2018-2019** School Survey.

Print Child's Name

Date

Print Parent's Name

Parent's Signature